



## Aaron Nathans & Michael G. Ronstadt

Philadelphia based guitarist/songwriter **Aaron Nathans** and Cincinnati cellist/songwriter **Michael G. Ronstadt** present their third album, the rich, dark and foreboding *Shadow of the Cyclone*, released October 1, 2020.

***Shadow of the Cyclone*** brings in fans of folk, Americana and singer-songwriters who are seeking refuge from the storm that 2020 has unleashed on us.

With sobering clarity the duo weave intricate metaphors in the form of fallen saviors, the embrace of the anti-hero and straightforward accounts of our loss of empathy. All this is artfully mixed in with a sense of levity and hope.

## SHADOW *of the* CYCLONE

1. **Ghost Writer** (4:42) - A dark ballad by Aaron, about what happens when a famous, reclusive author living in a small New England town decides to stop writing. Think J.D. Salinger.
2. **Strongman** (4:15) - In a world where hope is scarce, a gaggle of old-time barbell men gather by the Coney Island boardwalk to call upon the spirit of their departed mentor. This song, a cowrite by Aaron and Michael, showcases Michael's musical versatility, ranging in tone between dark and jaunty.
3. **Haunted House** (4:34) - Perfect for Halloween. An upbeat, fun twelve-bar blues ghost story by Aaron, about learning to live with uncertainty, and the spirits around us.
4. **My Only Leap** (5:24) - A jammy blues cello song by Michael, which reflects on taking chances in life, and managing the complications that inevitably follow.
5. **I Go Low** (4:31) - In the spirit of Leonard Cohen, Aaron sings about embracing the anti-hero in all of us, and imagining the visceral satisfaction of taking the low road, no matter the consequences.
6. **Englishman in New York** (4:29) - A cello-centered reimagining of Sting's famous song about keeping your composure and dignity in the face of an angry world.
7. **Phantasmagoria** (4:05) - Pronounced fan-taz-muh-GORE-ee-uh. A rootsy, driving, acoustic minor-key Americana-style instrumental. The title means dream or hallucination, a reference to the times we are living in.
8. **Just One Minute** (3:17) - Michael's humorous electronica-cello ode to the frustration of having to wait. In this case, the narrator is being rushed out of an airport cell lot after waiting there a bit too long.
9. **Sinner's Bible** (3:54) - Aaron's dark meditation on our collective loss of empathy and the sacrifices we make to guard the ones we love the most.
10. **Come On Sun** (4:01) - A cello-folk-power ballad about trying to pull a loved one out of a funk. Written by Michael Ronstadt and Serenity Fisher, and sung by Michael.
11. **Carry A Tune** (2:51) - Aaron's upbeat waltz about being in awe of someone's bright spirit, from a distance. It's a hint of hope to end Aaron's & Michael's album of songs documenting the challenges of life in the modern world.



**Michael G. Ronstadt**, nephew of Linda Ronstadt and a member of a family with a rich musical heritage, holds a master's degree in cello performance from University of Cincinnati College-Conservatory of Music.

**Aaron Nathans** is an award winning songwriter and a leader in Philadelphia's community of songwriters. As an acoustic duo, they create an extraordinary and compelling musical palate. Give a listen and see!

**NathansandRonstadt.com**

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